

Active Duty Inter-service (OSVETS)  
(Army / Marines / Air force / Coast Guard)

Active Duty service member: currently servicing with in the United States Armed Forces You must finish your current obligation before joining the Navy. However you can submit a BUD/S package and have it approved pending your enlistment in the Navy. Email the [in-service](#) recruiter to determine eligibility.

Officers: from other services please visit the Officer interservice transfer page. This will help you to determine your eligibility

VETERAN OF ANOTHER SERVICE

If you are a veteran of the U.S. Marine Corps, Army, Air Force, or Coast Guard no longer on active duty, and wish to apply for an the officer program contact: [Officer Recruiting](#) to determine

ENLISTMENT

Email the [in-service](#) recruiter to determine eligibility. Once you overcome these small obstacles you will be on the road to Basic Underwater Demolitions SEAL training (BUD/s). Enlistment is arranged by your local Navy recruiter (see contact a recruiter)

Transient Personnel Unit (TPU)-BOOT CAMP 2-6 weeks

For those that are new to the Navy, make the most of your time in TPU. Learn everything you can, excel in every way possible. Your leadership role begins now. For more information, visit the Naval Training Center Great Lakes (Navy Boot Camp) Web Site at [www.ntcgl.navy.mil](http://www.ntcgl.navy.mil)

Perhaps most important, keep yourself in top physical shape. The Physical Screening Test (PST) is a requirement of your contract. You will be tested during the 1<sup>st</sup> week of TPU training. The Physical Screen Test is given to ensure that all applicants for the SEAL program display a standard level of athletic proficiency before arriving at BUD/S. You should be in a progressive physical conditioning program to best prepare yourself for the demands of BUD/S training.

You will be given three (3) opportunities to pass the minimum PST score. Failure in any portion of the PST is a

disqualifier. A brief on Naval Special Warfare will be given to your TPU class.

#### "A" SCHOOL

Navy "A" School is where you learn the basic skills associated with your rate. Continue to work hard and demonstrate leadership qualities. Be sure to continue your physical training. Upon successful completion of "A" School, you are bound for BUD/S. You must be in peak physical condition to meet the BUD/S challenge.

If you have questions contact the SEAL Motivators. All candidates are required a re-screening of the PST 30 days before transferring to BUD/S.

#### BUD/S

Congratulations on making it this far, and best of luck to you and your classmates!!! HOOYAH!!!

**\*\*\*\*\*FOR ENLISTMENT POINT OF CONTACT PLEASE VISIT THE  
CONTACT A RECRUITER PAGE\*\*\*\*\***